

# September 2005

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> I Play "Pat-A-Cake" with baby.	<b>2</b> T Play "Follow the Leader". Have your child copy your actions (ex. walk, jump, turn around, clap hands, etc.).	3
4	<b>5</b> P Count to 5 while you: clap hands, jump, tap knees, etc. Think of other actions. Encourage one action per number.	<b>6</b> I Play with baby, pointing to and naming facial features (ex. "baby's nose – Mama's nose", "baby's eyes – Mama's eyes", etc.)	<b>7</b> T Take a walk in your neighborhood. Point to and name vehicles that you see. Remember to look in the sky.	<b>8</b> P Watch a children's television program together. Talk about the characters and what they did.	<b>9</b> I Play different kinds of music for baby to listen to each day; play it at a soft level (ex. jazz, classical, gospel, Latin, etc.).	10
11	<b>12</b> T Look at picture books together. Name objects and encourage child to name them.	<b>13</b> P Pretend to talk on the telephone with your child. Talk about what you did today. (Model good telephone manners).	<b>14</b> I Place bold black and white patterns for baby to see in crib and/or changing area.	<b>15</b> T Say "please" and "thank you" regularly. Encourage your child to use these "magic words".	<b>16</b> P Provide paper and crayons (and supervision) so your child can scribble. (Scribbling is the first step toward drawing and writing).	17
18	<b>19</b> I Play "Peek-A-Boo" by hiding your face behind your hands.	<b>20</b> T Sing children's songs daily. Your child will join you and learn new words and phrases as well.	<b>21</b> P Take your child to the supermarket. Go to the produce section and name fruits and vegetables. Buy some to take home. Try a new one.	<b>22</b> I Play "Pat-A-Cake" and substitute first letter of baby's name (ex. "Mark it with a W ... for Wesley and me.").	<b>23</b> T At bathtime, provide plastic bowls and sponges for pouring and squeezing.	24
25	<b>26</b> P Find as many <u>red</u> things as you can.	<b>27</b> I Shake a rattle or other noisy toy/object near baby's ear. Watch as baby turns head toward sound.	<b>28</b> T Stand in front of mirror w/ child. Point to and name body parts. Encourage child to name and locate body parts.	<b>29</b> P Read with your child daily (even if s/he chooses the same book each time).	<b>30</b> I Cuddle, kiss, and sing to baby often.	
				<b>PAT-A-CAKE</b>  Pat-a-cake, pat-a-cake, baker's man. Bake me a cake as fast as you can. Pat it and poke it and mark it with a B. And put it in the oven for Baby and me.		

**NOTE:** Most activities on this calendar are designed to take 5-10 minutes, **and** to be repeated.

### KEY

I – Infants (0-18 months)  
 T – Toddlers (18-36 months)  
 P – Preschoolers (36-60 months)

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community meets monthly to discuss ideas and activities that we can do to support parents and caregivers of very young children (birth through preschool age). Our next meeting

will be held at \_\_\_\_\_ on \_\_\_\_\_ at \_\_\_\_\_.

Please join us.

# October 2005

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 <b>T</b> Identify/label feelings of people in books/magazines (ex. "The man is feeling happy; he is smiling.", "The girl is feeling sad; she is crying." etc.).	4 <b>P</b> Ask your child to help you set the table. Show how to put one plate, fork, cup, etc. for each person.	5 <b>I</b> Place baby on tummy on large towel/blanket on the floor. Place a few soft, colorful toys within eyesight. Baby will try to lift head to see toys.	6 <b>T</b> When getting ready for bed or bath, encourage child to undress self.	7 <b>P</b> Talk about the weather outside. What clothes should you wear today?	8
9	10 <b>I</b> Place unbreakable mirror in crib and/or changing area for baby to look at self.	11 <b>T</b> Practice washing hands. Use soap and water to wash all sides and fingers. Dry with a towel.	12 <b>P</b> Play "Follow the Leader". Describe actions <b>and</b> positions (ex. Jump over the shoe, walk around the table, stand behind the chair, etc.)	13 <b>I</b> Listen to music and dance while holding baby.	14 <b>T</b> Blow bubbles with your child.	15
16	17 <b>P</b> Look for <u>circles</u> today. Find as many as you can inside and outside.	18 <b>I</b> When changing baby, gently blow on his/her face and body.	19 <b>T</b> Practice kicking a soft ball.	20 <b>P</b> Play some music and dance together.	21 <b>I</b> Shine a flashlight on floor, wall, ceiling, etc. Watch baby follow light with eyes.	22
23	24 <b>T</b> Make a "shaker" by filling a small box or plastic container with dried rice, popcorn, or macaroni.	25 <b>P</b> Look at the trees. Talk about the color changes of the leaves and that the leaves are falling off the trees.	26 <b>I</b> Sit with baby in comfortable chair and read/recite nursery rhymes.	27 <b>T</b> Look in a mirror. Point to and name facial features. Be sure to include "eyebrows" and "eyelashes". Encourage child to do same.	28 <b>P</b> Find as many <u>yellow</u> things as you can.	29
30	31 <b>I</b> Take baby outdoors for a few minutes. Do this each day (weather permitting).	<b>HEY DIDDLE DIDDLE</b> Hey diddle diddle. The cat and the fiddle. The cow jumped over the moon. The little dog laughed to see such a sight. And the dish ran away with the spoon.				

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# November 2005

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>T</b> Sing "ABC Song" for and with your child. Be careful on L-M-N-O-P.	<b>2</b> <b>P</b> Identify items in the kitchen. What are they used for?	<b>3</b> <b>I</b> Play "Peek-A-Boo" by standing behind a wall, door chair, table, etc.	<b>4</b> <b>T</b> What is the first letter of your child's name? Show and name it for him/her (ex. "T is for Tanya"). Point it out whenever you see it.	<b>5</b>
<b>6</b>	<b>7</b> <b>P</b> Look for <u>squares</u> today. Find as many as you can inside and outside.	<b>8</b> <b>I</b> While baby is on tummy or sitting, roll ball to him/her.	<b>9</b> <b>T</b> Take a walk outside and <u>listen</u> . What sounds do you hear? Talk about the sounds and try to imitate them.	<b>10</b> <b>P</b> Identify the season for your child and talk about things that happen (ex. change in temperature, how trees change, clothes you wear, etc.).	<b>11</b> <b>I</b> Play "This Little Piggy Went to Market" with baby.	<b>12</b>
<b>13</b>	<b>14</b> <b>T</b> Show your child how to clean up after playing with toys.	<b>15</b> <b>P</b> Play "Simon Says" by naming and pointing to body parts.	<b>16</b> <b>I</b> Place baby in different rooms at different levels so baby can see various family activities. Tell baby what is happening.	<b>17</b> <b>T</b> Have your child build with boxes of various sizes (ex. empty boxes from cereal, laundry detergent, macaroni, etc.).	<b>18</b> <b>P</b> Show your child how to zip his/her coat. (Remember: this skill takes a lot of practice)	<b>19</b>
<b>20</b>	<b>21</b> <b>I</b> Hold baby facing you. Point to baby and call his/her name. Point to self and call "Mama" (or "Daddy" or "Grandma", etc.).	<b>22</b> <b>T</b> Talk with your child about the textures of things s/he touches during the day. How does it feel? (hard, soft, bumpy, smooth, wet, dry, etc.)	<b>23</b> <b>P</b> Name pieces of furniture in your living room. What are they used for?	<b>24</b> <b>I</b> When dressing baby, count snaps or buttons as you fasten each one.	<b>25</b> <b>T</b> Encourage your child to wipe hands and mouth with a napkin when finished eating.	<b>26</b>
<b>27</b>	<b>28</b> <b>P</b> Find as many <u>orange</u> things as you can.	<b>29</b> <b>I</b> While baby sits in highchair or on floor, give him/her a pot and wooden spoon to play with.	<b>30</b> <b>T</b> Show your toddler how to sort utensils. Ask him to put all the spoons, all the forks, etc. in the tray after a meal.			
			<b>LITTLE BOY BLUE</b>  Little boy blue, come blow your horn. The sheep's in the meadow; the cow's in the corn. Where is the boy who looks after the sheep? He's under the haystack – fast asleep.			

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# December 2005

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> I Gently massage baby's body (while changing diaper or dressing). Name each body part as you touch it.	<b>2</b> T Have a special "laptime" with your toddler as often as possible.	3
4	<b>5</b> P Show child how to sort laundry as you remove from dryer (ex. "Put all the socks together." etc.)	<b>6</b> I Place colorful mobile over baby's crib.	<b>7</b> T Give child two paper towel tubes or two wooden spoons. Child may tap or rub together to make different sounds.	<b>8</b> P Provide play-dough and mat or tray to work on. Encourage child to squeeze, pound, roll. Show how to put away.	<b>9</b> I Attend to baby's cry quickly. You are not spoiling him/her. Rather, you're helping baby develop trust in you.	10
11	<b>12</b> T Practice rolling a ball. Increase distance between you and child to see how far s/he can roll.	<b>13</b> P Play "What's Missing?" Place 3 or 4 objects on table. Have child close eyes and then guess which one is missing.	<b>14</b> I Show baby vinyl or board pictures with bright pictures. Point to and name pictures. Ask baby to point to pictures that you name.	<b>15</b> T Look at picture book with animal pictures. Name animals and imitate sounds. Encourage child to join you.	<b>16</b> P Watch children's television program together. Talk about characters and how they feel. Do you feel this way sometimes?	17
18	<b>19</b> I When talking to baby, be sure to call him/her by name.	<b>20</b> T Continue to encourage self-care skills with little help from you (ex. washing face and hands, washing in tub).	<b>21</b> P While dressing, offer child choices: "Do you want to wear the red shirt or the blue one?" "Do you want to wear jeans or sweat pants?" etc.	<b>22</b> I Look at baby and imitate sounds s/he makes. (This early language is the beginning of talking and having conversation).	<b>23</b> T Provide child with large box (big enough to climb into) and crayons. Let child scribble on inside to decorate.	24
25	<b>26</b> P Find out if local library has a story time and take your preschooler.	<b>27</b> I Gently move baby's arms and legs while singing or listening to music.	<b>28</b> T Trace two or three objects (ex. key, jar lid, spoon, etc.) on paper or cardboard. Encourage child to match object to shape.	<b>29</b> P Make popcorn. Talk about how it looks (before and after it pops), sounds, smells, and tastes.	<b>30</b> I Play with baby, pointing to and naming body parts (ex. "Mama's hand-baby's hand", "Mama's tummy-baby's tummy", etc.)	31
<b>HICKORY DICKORY DOCK</b>  Hickory dickory dock, The mouse ran up the clock. The clock struck one. The mouse ran down. Hickory dickory dock.						

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# January 2006

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 I Make stick puppet with craft stick and sticker. Play "peek-a-boo" with puppet. (Do not give stick puppet to baby.)	3 T Cut out a few circles, squares, and triangles. Have your child match the same shapes together.	4 P Find as many <u>green</u> things as you can.	5 I Gently clap baby's hands together. Clap feet together.	6 T Encourage child to feed self, using spoon or fork.	7
8	9 P Show how to wipe nose with tissue. Remember to throw it in trash and wash hands when finished.	10 I Play "Ring Around the Rosie" while holding baby in your arms.	11 T Brush your child's teeth daily.	12 P Place a few familiar objects in a paper bag (ex. toothbrush, key, spoon, crayon, etc.). Ask child to reach inside and find object by how it feels	13 I Place a rattle or other toy in front of baby. Name it and encourage baby to reach for and pick up toy.	14
15	16 T Save empty egg carton and cut off top. Encourage child to use thumb and finger to place small objects in and take out of each space.	17 P Look for <u>triangles</u> today. Find as many as you can inside and outside.	18 I Glue colorful pictures on all sides of tissue box. Talk about pictures with baby while s/he plays with it.	19 T Ask child to tell you what you can do with common objects (ex. spoon, book, pot, bowl, pencil, etc.).	20 P Talk about the weather outside. What should you wear today?	21
22	23 I Give baby a toy telephone. Make pretend ringing sound and talk to baby on telephone.	24 T Bring a cupful of snow inside. Check to see what is happening every few minutes. What is snow made of?	25 P Find as many <u>purple</u> things as you can.	26 I Gently roll baby from tummy to back and from back to tummy.	27 T Practice jumping. Use a toilet paper tube as a candlestick as you recite "Jack, Be Nimble."	28
29	30 P Identify the season for your child and talk about what happens (ex. cold temperatures, snow and ice, kinds of clothes to wear, etc.).	31 I Hug and kiss baby often.		<b>THREE LITTLE KITTENS</b>  Three little kittens lost their mittens, And they began to cry. "Oh, mother dear. See here, see here. Our mittens we have lost!" "What? Lost your mittens? You naughty kittens." "Then you shall have no pie!"		

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# February 2006

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> T Create simple obstacle course using furniture, blankets, large boxes, etc. Describe where child is (ex. "on, under, in," etc.).	<b>2</b> P Show your child how to sort utensils (ex. "Put all the forks together." "Put all the big spoons together." etc.).	<b>3</b> I Stand with baby in front of mirror. Point to and name baby and self.	<b>4</b>
<b>5</b>	<b>6</b> T Cut out a few red, yellow, and blue pictures from a magazine or catalog. Have child match same colors together.	<b>7</b> P Identify the furniture in the bedroom. What is each item used for?	<b>8</b> I Gently tickle baby. Name each body part as you tickle.	<b>9</b> T At bath time, provide plastic toys and sponges. Which ones float? Which ones sink?	<b>10</b> P Provide paper, pencil or crayon, and simple shapes to trace around.	<b>11</b>
<b>12</b>	<b>13</b> I While baby lies on floor on tummy or back, place your hands on bottoms of baby's feet. Push gently; baby will push, too.	<b>14</b> T Look at a picture book together. Name objects and talk about how they are used or what action they do.	<b>15</b> P Find as many <u>black</u> things as you can.	<b>16</b> I Do you know another baby? Bring the two babies together. Observe how they look at, touch, and smile at each other.	<b>17</b> T Sing "If You're Happy And You Know It" and make up different actions to go with song (ex. clap hands, wiggle fingers, nod head, etc.).	<b>18</b>
<b>19</b>	<b>20</b> P Make Jell-o together. (Be very careful when using boiling water.) Talk about how the Jell-o changes.	<b>21</b> I Give baby a simple two- or three-piece puzzle with knobs to play with. Remember to name the pieces.	<b>22</b> T Use a flashlight, your hands, and a few toys to show how to make shadows on the wall.	<b>23</b> P Play a listening game with your child. Have him/her close eyes while you make a sound (ex. cough, knock, clap, etc.). Ask "What did I do?"	<b>24</b> I Encourage baby to grasp your fingers. Gently pull forward from lying to sitting position. Do this several times saying "up" and "down".	<b>25</b>
<b>26</b>	<b>27</b> T Look at picture books together. Name objects and talk about colors that you see.	<b>28</b> P Show your child how to fasten and unfasten a snap. (Remember that this skill takes a lot of practice.)				
		<b>BAA BAA BLACK SHEEP</b>  Baa baa black sheep. Have you any wool? Yes sir, yes sir. Three bags full. One for my master, and one for my dame, And one for the little boy who lives down the lane.				

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# March 2006

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> I Give baby soft, cloth-covered blocks to stack and knock down.	<b>2</b> T Cut out a few rectangles, ovals, and hearts. Have your child match the same shapes together.	<b>3</b> P Look for <u>rectangles</u> today. Find as many as you can inside and outside.	4
5	<b>6</b> I Show how and encourage baby to clap hands, wave hands, click tongue, smack lips.	<b>7</b> T Have your toddler play "Catch the Bubble" as you blow bubbles for him/her. (You can do this indoors or outdoors.)	<b>8</b> P Find as many <u>brown</u> things as you can.	<b>9</b> I Hold baby's hands while s/he is standing. Move and sway while singing or listening to music.	<b>10</b> T Keep a beat by clapping hands or tapping spoons together as you recite "One, Two, Buckle My Shoe."	11
12	<b>13</b> P Cut out several pictures of food, clothing, and furniture. Have your child sort and match the pictures that belong together.	<b>14</b> I Provide large shallow box for baby to climb into. Pretend box is car, truck, boat, or other vehicle.	<b>15</b> T Practice stringing beads, spools, or large noodles on a shoe string. (Tie a knot on one end so the beads won't fall off.)	<b>16</b> P Listen! Name three things that are loud. Name three things that are quiet.	<b>17</b> I Play "chase" with baby. Get on hands and knees and crawl toward baby saying "I'm going to catch you".	18
19	<b>20</b> T Create simple books together. Cut out magazine pictures; glue them on paper; staple pages together. Make up a story and read it together.	<b>21</b> P Read/recite "Jack and Jill". What happened first? next? last?	<b>22</b> I Allow many opportunities for baby to try to feed self with spoon. Don't worry about spills (more practice = better skills).	<b>23</b> T Explore finger paints together (try one color and large plain paper or grocery bag). Use fingers, thumbs, knuckles, etc. for different effects.	<b>24</b> P Practice hopping on one foot. Practice hopping on the other foot. How many times can you hop on each foot?	25
26	<b>27</b> I Let baby play with old newspaper ads. Show how to crumple paper into ball. Be sure to wash hands when finished.	<b>28</b> T Pull up chair or step stool to sink. Let your toddler help you to "wash" dishes (ex. plastic bowls, cups, utensils, etc.).	<b>29</b> P Find as many <u>white</u> things as you can.	<b>30</b> I Take baby outdoors daily (weather permitting). Name objects that baby points to; point out other objects for baby to look at.	<b>31</b> T Talk about <i>loud/soft</i> as you do this rhyme: Loudly, loudly, play our drums, Softly, softly, play our drums. (Repeat)	
			<b>JACK AND JILL</b>  Jack and Jill went up the hill To fetch a pail of water. Jack fell down and broke his crown, And Jill came tumbling after.			

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# April 2006

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	<b>3 P</b> Name items in the bathroom. What are they used for?	<b>4 I</b> Give baby set of plastic measuring cups to play with. Show how cups fit inside each other. Let baby try.	<b>5 T</b> Play "What Do You See?" while walking or riding. Ask your child what he sees and give him more information about the car, bird, etc.	<b>6 P</b> Take a walk in your neighborhood. Look at signs. Find and identify letters that are in your child's name.	<b>7 I</b> Glue colorful pictures on oatmeal can. Talk about pictures with baby as s/he plays with it.	8
9	<b>10 T</b> Get a deck of playing cards. Talk about colors. Show how to sort cards into 2 different groups. (Use frequently and group by other categories.)	<b>11 P</b> Make scrambled eggs today. Read and recite "Humpty Dumpty". Why can the king's men <u>not</u> put Humpty Dumpty together again?	<b>12 I</b> Make obstacle course for baby by placing pillows on floor. Encourage baby to crawl around and climb over pillows.	<b>13 T</b> Use a blanket to make a tent over a table or chairs. Your child will enjoy her cozy hiding place.	<b>14 P</b> Identify the season for your child and talk about what happens (ex. temperature change, flowers grow, clothes to wear, etc.).	15
16	<b>17 I</b> Read nursery rhyme book together.	<b>18 T</b> Sing and act out "The Wheels on the Bus."	<b>19 P</b> Find as many <u>pink</u> things as you can.	<b>20 I</b> Sing "Old Mac Donald". Encourage baby to make animal sounds with you. (Try to find book with pictures of farm animals).	<b>21 T</b> Count to ten. Encourage your child to recite the numbers with you. Count in different ways (ex. loud, soft, fast, slow).	22
23	<b>24 P</b> Look for <u>ovals</u> today. Find as many as you can inside and outside.	<b>25 I</b> Play "Where Is...?" with baby. Hide face and say "Where is Mama?" Let baby take hands away to find you.	<b>26 T</b> Invite your toddler to help you prepare a meal. (ex. tear the lettuce, stir something in a bowl, break eggs, etc.).	<b>27 P</b> Show your child how to hold and use a pair of scissors. (Provide many opportunities for practice.)	<b>28 I</b> Take baby outdoors daily (weather permitting). Name objects that baby points to; point out other objects for baby to look at.	29
30				<p><b>HUMPTY DUMPTY</b></p> <p>Humpty Dumpty sat on a wall. Humpty Dumpty had a great fall. All the king's horses and all the king's men Couldn't put Humpty together again.</p>		

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# May 2006

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> I Provide drawer in kitchen with toys, plastic tubs, small boxes, wooden spoons, etc. for baby to play with while you are cooking.	<b>2</b> T Take your toddler out for a wagon ride through your neighborhood. Remember to talk about what you see, hear, and feel.	<b>3</b> P Talk about the weather outside. What clothes should you wear today?	<b>4</b> I Read "Goodnight, Moon" together. Point to objects named in story. Encourage baby to point to and name objects.	<b>5</b> T Provide your child with a collection of junk mail, a hat, and a bag. S/he can pretend be a mail carrier and deliver the mail.	6
7	<b>8</b> P Work on buttoning skills. Start with unbuttoning first (it's easier). Remember to provide many opportunities for practice.	<b>9</b> I Provide empty cereal boxes, egg cartons, paper towel tubes, etc. for stacking and building.	<b>10</b> T Cut out a few orange, green, and purple pictures from a magazine or catalog. Have child match same colors together.	<b>11</b> P How many doors are in your house?	<b>12</b> I Sit on floor across from baby and hold hands. Sing "Row, Row Your Boat" as you rock back and forth.	13
14	<b>15</b> T Take a bucket and shovels to the park and play in the sand box. (Be sure to wash hands when finished.)	<b>16</b> P Make a pitcher of juice or lemonade from frozen concentrate. (Good measuring, counting, and pouring activity – tasty, too)	<b>17</b> I At bath time, make "bathtub rain" by punching holes in bottom of plastic container and letting water flow through.	<b>18</b> T Provide knobbed puzzles to work on. Introduce one at a time. Encourage child to turn piece in different spaces until it fits in.	<b>19</b> P Play "Memory" with a deck of cards. Start with 6 or 8 cards to match. As your child improves, add more cards to the game.	20
21	<b>22</b> I Remember to play quiet, soothing music at nap time and bed time.	<b>23</b> T Take a walk in your neighborhood. Look at the signs. What colors and shapes do you see?	<b>24</b> P Help your child write the first letter of her name. Keep session short and offer lots of encouragement. Add more letters over time.	<b>25</b> I Play "Hide and Seek" with a small toy. Hide toy in your hand or under blanket. Have baby look for and find toy.	<b>26</b> T Sing the "ABC Song" for and with your child. Be careful on L-M-N-O-P.	27
28	<b>29</b> P Indoors or outdoors: Find three things that feel hard. Find three things that feel soft.	<b>30</b> I Encourage baby to grasp fingers. Gently pull from sitting to standing position. Dance and bounce to music.	<b>31</b> T Make a picnic lunch and plan to eat outdoors (weather permitting).			
		<b>LITTLE MISS MUFFET</b>  Little Miss Muffet sat on a tuffet Eating her curds and whey. Along came a spider who sat down beside her And frightened Miss Muffet away.				

**NOTE:** Most activities on this calendar are designed to take 5-10 minutes, and to be repeated.

### KEY

**I** – Infants (0-18 months)  
**T** – Toddlers (18-36 months)  
**P** – Preschoolers (36-60 months)

The READY AT FIVE Advisory Council for the community meets monthly to discuss ideas and activities that we can do to support parents and caregivers of very young children (birth through preschool age). Our next meeting will be held at \_\_\_\_\_ on \_\_\_\_\_ at \_\_\_\_\_. Please join us.

# June 2006

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1 P</b> Visit a playground today. Practice pumping your legs on the swing. How high can you go?	<b>2 I</b> Make small photo book of family members (inc. grandparents, etc.). Look at and name relatives. Encourage baby to say names.	3
4	<b>5 T</b> Play "Hide and Seek" with your child. Take turns hiding, counting, and looking for each other.	<b>6 P</b> Make a scavenger hunt for your child. Have her find five objects (ex. all red, or all clothes, or all baby things, etc.).	<b>7 I</b> Provide empty oatmeal can and lid, and plastic bottle tops. Talk about "in" and "out" as baby drops objects in and spills out.	<b>8 T</b> Take a trip to the zoo. Name the animals that you see. Talk about color, size, how they move, and foods that they eat.	<b>9 P</b> Practice marching: 1-2-3-4! Make a parade with some friends. Take turns being the leader.	10
11	<b>12 I</b> Play "Ring Around the Rosie" while holding on to baby's hands and walking around in a circle.	<b>13 T</b> Save stickers and address labels from junk mail. Have your child make a collage by sticking them on a piece of paper or cardboard.	<b>14 P</b> Indoors or outdoors: Find three things that feel rough. Find three things that feel smooth.	<b>15 I</b> Let baby play with old newspaper ads. Show baby how to tear paper into pieces. Be sure to wash hands when finished.	<b>16 T</b> Practice throwing and catching a soft ball.	17
18	<b>19 I</b> Provide jumbo crayons, plain paper, and supervision. Allow baby to scribble on paper.	<b>20 T</b> Talk about rules that you have in your home. Make a list together and hang it up.	<b>21 P</b> Look for <u>diamonds</u> today. Find as many as you can inside and outside.	<b>22 I</b> Hold your child in front of a mirror and make different faces. Encourage her to do the same.	<b>23 T</b> Identify/label child's feelings (ex. "You must feel happy – you are smiling", "You must feel sad – you are crying", etc.).	24
25	<b>26 P</b> Let your child use art materials found in your home to make a collage (bottle caps, rice, macaroni, old magazines).	<b>27 I</b> Look at photo albums with your child. Point to and name the people in the photos.	<b>28 T</b> Provide a bucket of water and large paint brushes. Your child can "paint" the sidewalk, porch, etc.	<b>29 P</b> Go on a leaf hunt. Compare and sort the leaves by color, shape, size, and feel.	<b>30 I</b> Read "Pat the Bunny" together. Let baby look at, touch, smell while reading and talking about the pictures.	
			<h3 style="margin: 0;">WEE WILLIE WINKIE</h3> <p style="margin: 0;">Wee Willie Winkie runs through the town Upstairs and downstairs in his nightgown. Rapping at the window, crying through the lock, "Are the children in there beds? Now it's eight o'clock."</p>			

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