

# September 2011

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> I Play with baby, pointing to and naming facial features (ex. "baby's nose – Mama's nose", "baby's eyes – Mama's eyes", etc.)	<b>2</b> T Take a walk in your neighborhood. Point to and name vehicles that you see. Remember to look in the sky.	3
4	<b>5</b> P Watch a children's television program together. Talk about the characters and what they did.	<b>6</b> I Play different kinds of music for baby to listen to each day; play it at a soft level (ex. jazz, classical, gospel, Latin, etc.).	<b>7</b> T Look at picture books together. Name objects and encourage child to name them.	<b>8</b> P Pretend to talk on the telephone with your child. Talk about what you did today. (Model good telephone manners).	<b>9</b> I Place bold black and white patterns for baby to see in crib and/or changing area.	10
11	<b>12</b> T Say "please" and "thank you" regularly. Encourage your child to use these "magic words".	<b>13</b> P Provide paper and crayons (and supervision) so your child can scribble. (Scribbling is the first step toward drawing and writing).	<b>14</b> I Play "Peek-A-Boo" by hiding your face behind your hands.	<b>15</b> T Sing children's songs daily. Your child will join you and learn new words and phrases as well.	<b>16</b> P Take your child to the supermarket. Go to the produce section and name fruits and vegetables. Buy some to take home. Try a new one.	17
18	<b>19</b> I Play "Pat-A-Cake" and substitute first letter of baby's name (ex. "Mark it with a W ... for Wesley and me.>").	<b>20</b> T Show your child how to clean up after playing with toys	<b>21</b> P Find as many <u>yellow</u> things as you can.	<b>22</b> I Shake a rattle or other noisy toy/object near baby's ear. Watch as baby turns head toward sound.	<b>23</b> T Stand in front of mirror w/ child. Point to and name body parts. Encourage child to name and locate body parts.	24
25	<b>26</b> P Read with your child daily (even if s/he chooses the same book each time).	<b>27</b> T Play "Follow the Leader". Have your child copy your actions (ex. walk, jump, turn around, clap hands, etc.).	<b>28</b> P Make a game of counting with your child. During a snack, ask: "How many grapes are there?"	<b>29</b> I Notice sizes that fill your baby's world. Point out his big teddy bear, the small toy car, the large red ball, the smaller blue ball.	<b>30</b> P Have story time every day. When you read, leave out parts that are repeated and see if your preschooler will fill them in.	
		<b>WHEELS ON THE BUS</b> The wheels on the bus go round and round round and round, round and round The wheels on the bus go round and round All through the town				

**NOTE:** Most activities on this calendar are designed to take 5-10 minutes, **and** to be repeated.

<b>KEY</b>
I – Infants (0-18 months)
T – Toddlers (18-36 months)
P – Preschoolers (36-60 months)

# October 2011

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	<b>3</b> T When getting ready for bed or bath, encourage child to undress self.	<b>4</b> P Talk about the weather outside. What clothes should you wear today?	<b>5</b> T Identify/label feelings of people in books/magazines (ex. "The man is feeling happy; he is smiling.", "The girl is feeling sad; she is crying." etc.)	<b>6</b> T Practice washing hands. Use soap and water to wash all sides and fingers. Dry with a towel.	<b>7</b> P Play "Follow the Leader". Describe actions <b>and</b> positions (ex. Jump over the shoe, walk around the table, stand behind the chair, etc.)	8
9	<b>10</b> I Listen to music and dance while holding baby.	<b>11</b> T Blow bubbles with your child.	<b>12</b> P Look for <u>triangles</u> today. Find as many as you can inside and outside.	<b>13</b> I When changing baby, gently blow on his/her face and body.	<b>14</b> T Practice kicking a soft ball.	15
16	<b>17</b> T Practice kicking a soft ball.	<b>18</b> P Play some music and dance together.	<b>19</b> I Shine a flashlight on floor, wall, ceiling, etc. Watch baby follow light with eyes.	<b>20</b> T Make a "shaker" by filling a small box or plastic container with dried rice, popcorn, or macaroni.	<b>21</b> P Look at the trees. Talk about the color changes of the leaves and that the leaves are falling off the trees.	22
23	<b>24</b> I Sit with baby in comfortable chair and read/recite nursery rhymes.	<b>25</b> T Look in a mirror. Point to and name facial features. Be sure to include "eyebrows" and "eyelashes". Encourage child to do same.	<b>26</b> P Find as many <u>orange</u> things as you can.	<b>27</b> I The Itsy Bitsy Spider to teach your baby concept words up and down	<b>28</b> T Sing "ABC Song" for and with your child. Be careful on L-M-N-O-P.	29
30	<b>31</b> P Ask your child to help you set the table. Show how to put one plate, fork, cup, etc. for each person.			<b>THE ITSY, BITSY, SPIDER</b>  The itsy, bitsy, spider crawled up the water spout. Down came the rain and washed the spider out. Out came the sun and dried up all the rain and the Itsy bitsy spider crawled up the spout again.		

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# November 2011

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> I Place baby on tummy on large towel/blanket on the floor. Place a few soft, colorful toys within eyesight. Baby will try to lift head to see toys.	<b>2</b> I Take baby outdoors for a few minutes. Do this each day (weather permitting)	<b>3</b> P Cut play dough into shapes, then cut the shapes into pieces and talk about parts and wholes.	<b>4</b> T Use words such as "over," "under," "above," "on," and "next to" when talking with your toddler	5
6	<b>7</b> T Ask your child questions with numbers: "How many colors would you like to paint with? Let's see. One, two, three..." or "Is our car second or third in line?"	<b>8</b> I Play "Peek-A-Boo" by standing behind a wall, door chair, table, etc.	<b>9</b> T What is the first letter of your child's name? Show and name it for him/her (ex. "T is for Tanya"). Point it out whenever you see it.	<b>10</b> P Look for <u>squares</u> today. Find as many as you can inside and outside.	<b>11</b> I While baby is on tummy or sitting, roll ball to him/her.	12
13	<b>14</b> T Take a walk outside and <u>listen</u> . What sounds do you hear? Talk about the sounds and try to imitate them.	<b>15</b> P Identify the season for your child and talk about things that happen (ex. change in temperature, how trees change, clothes you wear, etc.).	<b>16</b> I Play "This Little Piggy Went to Market" with baby	<b>17</b> T Show your child how to clean up after playing with toys.	<b>18</b> P Play "Simon Says" by naming and pointing to body parts.	19
20	<b>21</b> I Place baby in different rooms at different levels so baby can see various family activities. Tell baby what is happening.	<b>22</b> T Have your child build with boxes of various sizes (ex. empty boxes from cereal, laundry detergent, macaroni, etc.).	<b>23</b> P Show your child how to zip his/her coat. (Remember: this skill takes a lot of practice)	<b>24</b> I Hold baby facing you. Point to baby and call his/her name. Point to self and call "Mama" (or "Daddy" or "Grandma", etc.).	<b>25</b> T Talk with your child about the textures of things s/he touches during the day. How does it feel? (hard, soft, bumpy, smooth, wet, dry, etc.)	26
27	<b>28</b> P Name pieces of furniture in your living room. What are they used for?	<b>29</b> I When dressing baby, count snaps or buttons as you fasten each one.	<b>30</b> P Identify items in the kitchen. What are they used for?			
<b>HAPPY AND YOU KNOW IT</b>  If you're happy and you know it, clap your hands. If you're happy and you know it clap your hands. If you're happy and you know and you really want to show it, if you're happy and you know it, clap your hands!						

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# December 2011

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> I Place colorful mobile over baby's crib.	<b>2</b> T Give child two paper towel tubes or two wooden spoons. Child may tap or rub together to make different sounds.	3
4	<b>5</b> I Attend to baby's cry quickly. You are not spoiling him/her. Rather, you're helping baby develop trust in you.	<b>6</b> T Practice rolling a ball. Increase distance between you and child to see how far s/he can roll.	<b>7</b> P Play "What's Missing?" Place 3 or 4 objects on table. Have child close eyes and then guess which one is missing.	<b>8</b> I Show baby vinyl or board pictures with bright pictures. Point to and name pictures. Ask baby to point to pictures that you name.	<b>9</b> T Look at picture book with animal pictures. Name animals and imitate sounds. Encourage child to join you.	10
11	<b>12</b> P Watch children's television program together. Talk about characters and how they feel. Do you feel this way sometimes?	<b>13</b> P Find as many <u>white</u> things as you can.	<b>14</b> T Continue to encourage self-care skills with little help from you (ex. washing face and hands, washing in tub).	<b>15</b> P While dressing, offer child choices: "Do you want to wear the red shirt or the blue one?" "Do you want to wear jeans or sweat pants?" etc.	<b>16</b> I Look at baby and imitate sounds s/he makes. (This early language is the beginning of talking and having conversation).	17
18	<b>19</b> T Provide child with large box (big enough to climb into) and crayons. Let child scribble on inside to decorate	<b>20</b> P Find out if local library has a story time and take your preschooler.	<b>21</b> I Gently move baby's arms and legs while singing or listening to music.	<b>22</b> T Trace two or three objects (ex. key, jar lid, spoon, etc.) on paper or cardboard. Encourage child to match object to shape.	<b>23</b> P Make popcorn. Talk about how it looks (before and after it pops), sounds, smells, and tastes.	24
25	<b>26</b> I Play with baby, pointing to and naming body parts (ex. "Mama's hand-baby's hand", "Mama's tummy-baby's tummy", etc.)	<b>27</b> I Hug and kiss baby often.	<b>28</b> P Play guessing games: "I hear something loud and rumble. What is it?"	<b>29</b> P Provide play-dough and mat or tray to work on. Encourage child to squeeze, pound, roll. Show how to put away.	<b>30</b> P Show child how to sort laundry as you remove from dryer (ex. "Put all the socks together." etc.)	31
<b>HICKORY DICKORY DOCK</b>  Hickory dickory dock, The mouse ran up the clock. The clock struck one. The mouse ran down. Hickory dickory dock.						

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# January 2012

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	<b>2</b> I Make stick puppet with craft stick and sticker. Play "peek-a-boo" with puppet. (Do not give stick puppet to baby.)	<b>3</b> I Gently clap baby's hands together. Clap feet together.	<b>4</b> T Encourage child to feed self, using spoon or fork.	<b>5</b> P Show how to wipe nose with tissue. Remember to throw it in trash and wash hands when finished.	<b>6</b> I Play "Ring Around the Rosie" while holding baby in your arms.	7
8	<b>9</b> T Brush your child's teeth daily.	<b>10</b> P Place a few familiar objects in a paper bag (ex. toothbrush, key, spoon, crayon, etc.). Ask child to reach inside and find object by how it feels	<b>11</b> I Place a rattle or other toy in front of baby. Name it and encourage baby to reach for and pick up toy.	<b>12</b> T Save empty egg carton and cut off top. Encourage child to use thumb and finger to place small objects in and take out of each space.	<b>13</b> P Look for <u>triangles</u> today. Find as many as you can inside and outside.	14
15	<b>16</b> I Glue colorful pictures on all sides of tissue box. Talk about pictures with baby while s/he plays with it.	<b>17</b> T Ask child to tell you what you can do with common objects (ex. spoon, book, pot, bowl, pencil, etc.).	<b>18</b> P Talk about the weather outside. What should you wear today?	<b>19</b> I Give baby a toy telephone. Make pretend ringing sound and talk to baby on telephone.	<b>20</b> T Bring a cupful of snow inside. Check to see what is happening every few minutes. What is snow made of?	21
22	<b>23</b> P Find as many <u>black</u> things as you can.	<b>24</b> I Gently roll baby from tummy to back and from back to tummy.	<b>25</b> T Play "What Do You See?" while walking or riding. Ask your child what he sees and give him more information about the car, bird, etc.	<b>26</b> P Identify the season for your child and talk about what happens (ex. cold temperatures, snow and ice, kinds of clothes to wear, etc.).	<b>27</b> I Play with baby, pointing to and naming body parts (ex. "Mama's hand-baby's hand", "Mama's tummy-baby's tummy", etc.)	28
29	<b>30</b> I Show how and encourage baby to clap hands, wave hands, click tongue, smack lips.	<b>31</b> T Sing and act out "The Wheels on the Bus."				
				<b>THREE LITTLE KITTENS</b>  Three little kittens lost their mittens, And they began to cry. "Oh, mother dear. See here, see here. Our mittens we have lost!" "What? Lost your mittens? You naughty kittens." "Then you shall have no pie!"		

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# February 2012

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> <span style="float: right;"><b>T</b></span> Cut out a few red, yellow, and blue pictures from a magazine or catalog. Have child match same colors together.	<b>2</b> <span style="float: right;"><b>P</b></span> Identify the furniture in the bedroom. What is each item used for?	<b>3</b> <span style="float: right;"><b>I</b></span> Gently tickle baby. Name each body part as you tickle.	4
5	<b>6</b> <span style="float: right;"><b>T</b></span> At bath time, provide plastic toys and sponges. Which ones float? Which ones sink?	<b>7</b> <span style="float: right;"><b>P</b></span> Provide paper, pencil or crayon, and simple shapes to trace around.	<b>8</b> <span style="float: right;"><b>I</b></span> While baby lies on floor on tummy or back, place your hands on bottoms of baby's feet. Push gently; baby will push, too.	<b>9</b> <span style="float: right;"><b>T</b></span> Look at a picture book together. Name objects and talk about how they are used or what action they do.	<b>10</b> <span style="float: right;"><b>P</b></span> Find as many <u>red</u> things as you can.	11
12	<b>13</b> <span style="float: right;"><b>I</b></span> Do you know another baby? Bring the two babies together. Observe how they look at, touch, and smile at each other.	<b>14</b> <span style="float: right;"><b>T</b></span> Sing "If You're Happy And You Know It" and make up different actions to go with song (ex. clap hands, wiggle fingers, nod head, etc.).	<b>15</b> <span style="float: right;"><b>P</b></span> Make Jell-o together. (Be very careful when using boiling water.) Talk about how the Jell-o changes.	<b>16</b> <span style="float: right;"><b>I</b></span> Give baby a simple two- or three-piece puzzle with knobs to play with. Remember to name the pieces.	<b>17</b> <span style="float: right;"><b>T</b></span> Use a flashlight, your hands, and a few toys to show how to make shadows on the wall.	18
19	<b>20</b> <span style="float: right;"><b>P</b></span> Play a listening game with your child. Have him/her close eyes while you make a sound (ex. cough, knock, clap, etc.). Ask "What did I do?"	<b>21</b> <span style="float: right;"><b>I</b></span> Encourage baby to grasp your fingers. Gently pull forward from lying to sitting position. Do this several times saying "up" and "down".	<b>22</b> <span style="float: right;"><b>T</b></span> Create simple obstacle course using furniture, blankets, large boxes, etc. Describe where child is (ex. "on, under, in," etc.).	<b>23</b> <span style="float: right;"><b>T</b></span> Look at picture books together. Name objects and talk about colors that you see.	<b>24</b> <span style="float: right;"><b>P</b></span> Show your child how to fasten and unfasten a snap. (Remember that this skill takes a lot of practice.)	25
26	<b>27</b> <span style="float: right;"><b>P</b></span> Show your child how to sort utensils (ex. "Put all the forks together." "Put all the big spoons together." etc.).	<b>28</b> <span style="float: right;"><b>I</b></span> Stand with baby in front of mirror. Point to and name baby and self	<b>29</b> <span style="float: right;"><b>P</b></span> Have your child pretend to be different animals, such as a tiger on all fours, a bird flapping his wings, or an elephant with a long trunk			
		<b>BAA BAA BLACK SHEEP</b>  Baa baa black sheep. Have you any wool? Yes sir, yes sir. Three bags full. One for my master, and one for my dame, And one for the little boy who lives down the lane.				

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KEY
<b>I</b> – Infants (0-18 months)
<b>T</b> – Toddlers (18-36 months)
<b>P</b> – Preschoolers (36-60 months)

# March 2012

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 P Find as many <u>green</u> things as you can.	2 I Hold baby's hands while s/he is standing. Move and sway while singing or listening to music.	3
4	5 T Keep a beat by clapping hands or tapping spoons together as you recite "One, Two, Buckle My Shoe."	6 P Cut out several pictures of food, clothing, and furniture. Have your child sort and match the pictures that belong together.	7 I Provide large shallow box for baby to climb into. Pretend box is car, truck, boat, or other vehicle.	8 T Practice stringing beads, spools, or large noodles on a shoe string. (Tie a knot on one end so the beads won't fall off.)	9 P Listen! Name three things that are loud. Name three things that are quiet.	10
11	12 I Play "chase" with baby. Get on hands and knees and crawl toward baby saying "I'm going to catch you".	13 T Create simple books together. Cut out magazine pictures; glue them on paper; staple pages together. Make up a story and read it together.	14 P Read/recite "Jack and Jill". What happened first? next? last?	15 I Allow many opportunities for baby to try to feed self with spoon. Don't worry about spills (more practice = better skills).	16 T Explore finger paints together (try one color and large plain paper or grocery bag). Use fingers, thumbs, knuckles, etc. for different effects.	17
18	19 P Practice hopping on one foot. Practice hopping on the other foot. How many times can you hop on each foot?	20 I Let baby play with old newspaper ads. Show how to crumple paper into ball. Be sure to wash hands when finished.	21 T Pull up chair or step stool to sink. Let your toddler help you to "wash" dishes (ex. plastic bowls, cups, utensils, etc.).	22 P Find as many <u>white</u> things as you can.	23 I Take baby outdoors daily (weather permitting). Name objects that baby points to; point out other objects for baby to look at.	24
25	26 T Talk about <i>loud/soft</i> as you do this rhyme: Loudly, loudly, play our drums, Softly, softly, play our drums. (Repeat)	27 P Talk about the weather outside. What clothes should you wear today?	28 P Use the language of measurement: fill, load, balance, area. "I am filling the washer with a load of laundry." "The whole living room area is going to be painted."	29 P Look for <u>rectangles</u> today. Find as many as you can inside and outside.	30 T Have your toddler play "Catch the Bubble" as you blow bubbles for him/her. (You can do this indoors or outdoors.)	31

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### KEY

I – Infants (0-18 months)  
T – Toddlers (18-36 months)  
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# April 2012

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	<b>2</b> I Glue colorful pictures on oatmeal can. Talk about pictures with baby as s/he plays with it.	<b>3</b> T Get a deck of playing cards. Talk about colors. Show how to sort cards into 2 different groups. (Use frequently and group by other categories.)	<b>4</b> P Make scrambled eggs today. Read and recite "Humpty Dumpty". Why can the king's men <u>not</u> put Humpty Dumpty together again?	<b>5</b> I Make obstacle course for baby by placing pillows on floor. Encourage baby to crawl around and climb over pillows.	<b>6</b> T Use a blanket to make a tent over a table or chairs. Your child will enjoy her cozy hiding place.	7
8	<b>9</b> P Identify the season for your child and talk about what happens (ex. temperature change, flowers grow, clothes to wear, etc.).	<b>10</b> I Read nursery rhyme book together.	<b>11</b> P Take a walk in your neighborhood. Look at signs. Find and identify letters that are in your child's name.	<b>12</b> P Find as many <u>purple</u> things as you can.	<b>13</b> I Sing "Old Mac Donald". Encourage baby to make animal sounds with you. (Try to find book with pictures of farm animals).	14
15	<b>16</b> T Count to ten. Encourage your child to recite the numbers with you. Count in different ways (ex. loud, soft, fast, slow).	<b>17</b> P Look for <u>ovals</u> today. Find as many as you can inside and outside.	<b>18</b> I Play "Where Is...?" with baby. Hide face and say "Where is Mama?" Let baby take hands away to find you.	<b>19</b> T Invite your toddler to help you prepare a meal. (ex. tear the lettuce, stir something in a bowl, break eggs, etc.).	<b>20</b> P Show your child how to hold and use a pair of scissors. (Provide many opportunities for practice.)	21
22	<b>23</b> I Take baby outdoors daily (weather permitting). Name objects that baby points to; point out other objects for baby to look at.	<b>24</b> T Take your toddler out for a wagon ride through your neighborhood. Remember to talk about what you see, hear, and feel.	<b>25</b> P Name items in the bathroom. What are they used for?	<b>26</b> T Use classification vocabulary: some, all, part, pair, set, different. "Can you help me find a pair of blue socks?"	<b>27</b> P Use words like solid, full, surface, inside, below, flat, top. "Let's put the solid ice cubes inside the cup."	28
29	<b>30</b> I Provide empty oatmeal can and lid, and plastic bottle tops. Talk about "in" and "out" as baby drops objects in and spills out.					
				<b>HUMPTY DUMPTY</b>  Humpty Dumpty sat on a wall. Humpty Dumpty had a great fall. All the king's horses and all the king's men Couldn't put Humpty together again.		

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# May 2012

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> P Work on buttoning skills. Start with unbuttoning first (it's easier). Remember to provide many opportunities for practice.	<b>2</b> I Provide empty cereal boxes, egg cartons, paper towel tubes, etc. for stacking and building.	<b>3</b> T Cut out a few orange, green, and purple pictures from a magazine or catalog. Have child match same colors together.	<b>4</b> P How many doors are in your house?	<b>5</b>
<b>6</b>	<b>7</b> I Sit on floor across from baby and hold hands. Sing "Row, Row, Row Your Boat" as you rock back and forth.	<b>8</b> T Take a bucket and shovels to the park and play in the sand box. (Be sure to wash hands when finished.)	<b>9</b> P Make a pitcher of juice or lemonade from frozen concentrate. (Good measuring, counting, and pouring activity – tasty, too)	<b>10</b> I At bath time, make "bathtub rain" by punching holes in bottom of plastic container and letting water flow through.	<b>11</b> T Provide knobbed puzzles to work on. Introduce one at a time. Encourage child to turn piece in different spaces until it fits in.	<b>12</b>
<b>13</b>	<b>14</b> P Play "Memory" with a deck of cards. Start with 6 or 8 cards to match. As your child improves, add more cards to the game	<b>15</b> I Remember to play quiet, soothing music at nap time and bed time.	<b>16</b> T Take a walk in your neighborhood. Look at the signs. What colors and shapes do you see?	<b>17</b> P Help your child write the first letter of her name. Keep session short and offer lots of encouragement. Add more letters over time.	<b>18</b> I Play "Hide and Seek" with a small toy. Hide toy in your hand or under blanket. Have baby look for and find toy.	<b>19</b>
<b>20</b>	<b>21</b> T Sing the "ABC Song" for and with your child. Be careful on L-M-N-O-P.	<b>22</b> P Indoors or outdoors: Find three things that feel hard. Find three things that feel soft.	<b>23</b> I Encourage baby to grasp fingers. Gently pull from sitting to standing position. Dance and bounce to music.	<b>24</b> T Make a picnic lunch and plan to eat outdoors (weather permitting).	<b>25</b> I Provide drawer in kitchen with toys, plastic tubs, small boxes, wooden spoons, etc. for baby to play with while you are cooking.	<b>26</b>
<b>27</b>	<b>28</b> P Trace your child's hand or foot onto a piece of paper. Let your child color in or decorate the tracing. Then trace your hand or foot.	<b>29</b> P Find as many <u>green</u> things as you can	<b>30</b> T Provide your child with a collection of junk mail, a hat, and a bag. S/he can pretend be a mail carrier and deliver the mail.	<b>31</b> P Show your child how to do a scarf dance by twirling it, moving it above your head or next to you.		
<p><b>LITTLE MISS MUFFET</b></p> <p>Little Miss Muffet sat on a tuffet Eating her curds and whey. Along came a spider who sat down beside her And frightened Miss Muffet away.</p>						

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# June 2012

## READY AT FIVE Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> T Take a trip to the zoo. Name the animals that you see. Talk about color, size, how they move, and foods that they eat.	2
3	<b>4</b> P Practice marching: 1-2-3-4! Make a parade with some friends. Take turns being the leader.	<b>5</b> I Play "Ring Around the Rosie" while holding on to baby's hands and walking around in a circle.	<b>6</b> T Save stickers and address labels from junk mail. Have your child make a collage by sticking them on a piece of paper or cardboard.	<b>7</b> P Indoors or outdoors: Find three things that feel rough. Find three things that feel smooth.	<b>8</b> I Let baby play with old newspaper ads. Show baby how to tear paper into pieces. Be sure to wash hands when finished.	9
10	<b>11</b> T Practice throwing and catching a soft ball	<b>12</b> I Provide jumbo crayons, plain paper, and supervision. Allow baby to scribble on paper.	<b>13</b> T Talk about rules that you have in your home. Make a list together and hang it up.	<b>14</b> P Look for <u>diamonds</u> today. Find as many as you can inside and outside.	<b>15</b> I Hold your child in front of a mirror and make different faces. Encourage her to do the same.	16
17	<b>18</b> T Identify/label child's feelings (ex. "You must feel happy – you are smiling", "You must feel sad – you are crying", etc.).	<b>19</b> P Let your child use art materials found in your home to make a collage (bottle caps, rice, macaroni, old magazines).	<b>20</b> I Look at photo albums with your child. Point to and name the people in the photos.	<b>21</b> T Provide a bucket of water and large paint brushes. Your child can "paint" the sidewalk, porch, etc.	<b>22</b> P Go on a leaf hunt. Compare and sort the leaves by color, shape, size, and feel.	23
24	<b>25</b> I Read "Pat the Bunny" together. Let baby look at, touch, smell while reading and talking about the pictures.	<b>26</b> P Play Stop and Go. Color one side of a paper plate red and write the word "stop" on it. Color the other side green and write the word "go."	<b>27</b> T Make a Pattern Party Snack with your toddler. Set up a pattern on your child's plate	<b>28</b> T Play "Hide and Seek" with your child. Take turns hiding, counting, and looking for each other.	<b>29</b> P Make a scavenger hunt for your child. Have her find five objects (ex. all red, or all clothes, or all baby things, etc.).	30
			<b>WEE WILLIE WINKIE</b>  Wee Willie Winkie runs through the town Upstairs and downstairs in his nightgown. Rapping at the window, crying through the lock, "Are the children in there beds? Now it's eight o'clock."			

**NOTE:** Most activities on this calendar are designed to take 5-10 minutes, **and** to be repeated.

### KEY

I – Infants (0-18 months)  
 T – Toddlers (18-36 months)  
 P – Preschoolers (36-60 months)