

# Promoting Social and Emotional Well-being in Early Care and Education

*school readiness*  
**symposium**  
ready a five.

## Keynote Speaker



Dana Winters, Ph.D.

Rita McGinley Executive Director of the Fred Rogers Center for Early Learning and Children's Media at Saint Vincent College

*Facing Challenge and Uncertainty through Helpful Appreciation*

December 15, 2021  
8:30 AM – 1:00 PM



## Virtual Symposium Program

8:30 – 8:45 am

Check-in & Tech Check

8:45 – 9:00 am

Welcome

9:00 – 10:30 am

Keynote

10:30 – 10:45 am

Q & A

10:45 – 11:15 am

Division of Early Childhood Updates

11:15 – 11:30 am

Break

11:30 am – 1:00 pm

Workshops

## Presenting Sponsor



Division of Early Childhood

## Sponsored By



**BROOKES**

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## Virtual Workshops

**A. Infant Early Childhood Mental Health is Everyone's Work: The Development of a Statewide Framework**

Dr. Kelly Etter, VP, Early Childhood Equity Initiatives and Jeffrey Capizzano, President & Founder, Policy Equity Group, Inc.

Infant Early Childhood Mental Health (IECMH) is key to children's current and future well-being, yet services and supports are often fragmented and inadequate. Maryland is currently developing an innovative framework with a statewide vision for IECMH acknowledging upstream factors such as racial, social, and economic injustice and delivering a call to action that *IECMH is everyone's work*. The framework invites all those who work with children as well as more non-traditional partners (e.g., criminal punishment, housing, transportation, food systems) to "see themselves in" and engage in the transformation of IECMH in Maryland. This session will provide an overview of the context and progress of the *Maryland IECMH Framework and Action Guide* and solicit feedback and discussion from participants to inform the work.

**B. Moving Through SEL: Exploring Feelings of Community, Identity and Belonging**

Maria-Ines Tripodi, Master Dance Teaching Artist, Valerie Branch, Regional Director of Maryland Wolf Trap, and Dr. Syretha Storey, Early Childhood Curriculum Specialist, Young Audiences of Maryland/Arts for Learning

This workshop combines movement and literature in order to name and explore feelings of belonging; to family, community, classroom. Working with elements of dance, teachers engage in movement strategies that help deepen understanding of these complex feelings. The books are used as a springboard for storytelling and empathy building as well as an inspiration for the movement.

**C. Building Resilience: Libraries Promote Social Emotional Well-Being**

Pam Hamlin, Prince George's County Memorial Library System, Bev Izzi, Calvert Library, Katelyn McLimans, Cecil County Public Library, Carrie Sanders, Maryland State Library, and Dorothy Stoltz, Carroll County Public Library.

Learn how libraries bring singing, reading, playing, early literacy, child development issues, and social and emotional well-being together. Supporting parents who are wondering how to talk to their young child about everyday challenges and difficult topics such as death, loneliness or fear, librarians offer books, activities, and resources to encourage family discussion that make broaching the subject easier and helps build positive family resilience.

**D. Beyond Self Care**

Margo Candelaria, PhD, Co-Director of the Parent Infant Early Childhood Program at The Institute for Innovation & Implementation and Research Associate Professor and Research Director and Kate Sweeney, MSW, LCSW-C, Co-Director of the Parent, Infant and Early Childhood Program, The Institute for Innovation & Implementation

Over the past 2 years, our work and lives have been significantly impacted by the COVID-19 global pandemic and related shuttering of classrooms and childcare settings. While our hope was that this school year would be a return to "normalcy", we know clearly that the children entering classrooms, their families and the early childhood educators and service providers are exhibiting the cost and stress of the past two years, making typically expected tasks significantly more difficult. This workshop will focus on supports that the workforce needs during this time, and ways to approach this at the individual, classroom, programmatic and systemic levels.

Participants in this workshop will have the unique opportunity to engage in a facilitated learning community beyond the Symposium to support ongoing discussions about practical ways to support the workforce.

# Promoting Social and Emotional Well-being in Early Care and Education

Wednesday, December 15, 2021

## Registration Form

<b>Name/Title:</b>		
<b>Organization:</b>		
<b>Address:</b>		
<b>City/State/Zip:</b>		<b>County:</b>
<b>Phone:</b>	<b>Fax:</b>	<b>Email:</b>
<b>Registration Fee (nonrefundable): \$65</b>		
<b>Payment Information:</b> Please make check payable to MBRT/Ready At Five. Payment <b>MUST</b> accompany registration form. Purchase Order must be included with this registration form. <u>Registrations will not be accepted by phone or fax.</u> Please indicate your method of payment: <input type="checkbox"/> Check <input type="checkbox"/> Money Order <input type="checkbox"/> Purchase Order		
<b>Mail Registration &amp; Payment by December 3<sup>rd</sup></b> <b>Ready At Five</b> <b>5520 Research Park Drive, Suite 150</b> <b>Baltimore, MD 21228</b>		
You can register online at <a href="http://www.readyatfive.org">www.readyatfive.org</a> Email <a href="mailto:monique@readyatfive.org">monique@readyatfive.org</a> or call 410/788-5725 with questions. Federal ID# 52-1851611		
<b><u>Photography &amp; Videography</u></b> By registering for and attending this event, you agree that your image and voice recording may be used at any time, without further notification, for printed materials, websites, social media, and other marketing and educational purposes.		
<b><u>Please select and circle your 1<sup>st</sup>, 2<sup>nd</sup>, &amp; 3<sup>rd</sup> choices for Workshops</u></b>		
1 2 3	<b>A. Infant Early Childhood Mental Health is Everyone's Work: The Development of a Statewide Framework</b>	
1 2 3	<b>B. Moving Through SEL: Exploring Feelings of Community, Identity and Belonging</b>	
1 2 3	<b>C. Building Resilience: Libraries Promote Social Emotional Well-Being</b>	
1 2 3	<b>D. Beyond Self Care</b>	

3 COK Hours - MSDE Approval Pending